Korrekturhinweise

Green spaces and well-being

Begründungen

0 The paragraph again picks up the idea that green spaces foster well-being and refers to new research in this field. The text says: “Focusing in on city dwellers, the new findings published in Psychological Science conclude that people who live in green tinged urban areas score higher in well-being than residents who have fewer parks and trees nearby.”

1 The paragraph describes the research in more detail and the conclusions that could be drawn. The text says: “The research […] looked at more than just the 10,000 participants’ mental and physical health to discover positive changes in employment, income, marital status, and housing associated with more access to green space.”

2 The sentence names several factors that contribute to happiness and explains that having a job and being married are important factors. The text says: “Having a job and getting married are both notable drivers for happiness.”

3 The paragraph continues to detail factors that have been previously mentioned; marriage and employment. The text says: “When it comes to contributing to ‘life satisfaction’, green space comes in at 21 percent of employment and 28 percent of marriage.”

4 The sentence discusses the outcome of the study and other factors that could have had a link to life satisfaction. The text says: “It’s worth noting that the study found no increase in well-being associated with a neighbourhood’s crime or income levels.”

5 The sentence discusses the general outcome of the study and what a group of people can learn from the study. The text says: “While none of this is really news to people who love the great outdoors – even if, by ‘great outdoors’ they mean ‘pocket park’ – the real takeaway here is for urban planners.”

6 The sentence quotes Matthew White and his perspective that the study can be used to determine where the most cost-efficient improvements can be made. The text says: “Lead researcher Matthew White observed, ‘These kinds of comparisons are important for policymakers when trying to decide how to invest scarce public resources, e.g. for park development or upkeep, and figuring out what ‘bang’ they’ll get for their buck.’”

7 The paragraph continues with a negative factor that the report has brought to light. The text says: “The report goes on to state: Urbanisation is considered a potential threat to mental health and well-being and although effects at the individual level are small, this study demonstrates that the potential benefit at a population level should be an important consideration in policies aiming to protect and promote urban green spaces for well-being.”
The sentence explains that policymakers should be aware of urbanisation on the well-being of the population. Policies which counteract urbanisation should be considered. The text says: “The report goes on to state: Urbanisation is considered a potential threat to mental health and well-being and although effects at the individual level are small, this study demonstrates that the potential benefit at a population level should be an important consideration in policies aiming to protect and promote urban green spaces for well-being.”